

Alistair Drummond

Physician

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GMC-registered consultant physician in acute and general internal medicine with ten years of post-qualification experience. Currently a consultant at Queen Elizabeth University Hospital, Glasgow, managing a 32-bed acute medical unit with a team of 8 junior doctors. Published 6 peer-reviewed papers on sepsis management and hospital-acquired infections. I'm also the trust's clinical lead for the Sepsis Improvement Programme.

Experience

Consultant Physician (Acute Medicine), NHS Greater Glasgow and Clyde – Queen Elizabeth University Hospital, Glasgow *Sep 2020 – Present*

Consultant on the acute medical unit and medical receiving, providing senior clinical decision-making for unselected acute admissions.

- Lead consultant for a **32-bed acute medical unit** seeing 45-60 admissions per day
- Supervise and train **8 junior doctors** (FY1, FY2, CMTs) — 3 have successfully applied for specialty training under my supervision
- Clinical lead for the trust's **Sepsis Improvement Programme** — reduced door-to-antibiotic time from 78 minutes to 42 minutes over 12 months
- Reduced 30-day readmission rate for ACS patients by **18%** through a structured discharge planning pathway

Specialty Registrar (ST3-ST7) – Acute Internal Medicine, NHS Lothian – Royal Infirmary of Edinburgh, Edinburgh *Aug 2016 – Aug 2020*

Higher specialty training across acute medicine, respiratory, and critical care at the Royal Infirmary of Edinburgh.

- Managed a caseload of **20-25 inpatients** daily across acute medicine and respiratory wards
- Completed **6-month ICU placement** — managed ventilated patients, central lines, and arterial blood gas interpretation
- Published 4 papers during training, including a **BMJ Open** article on early warning score accuracy in sepsis detection
- Passed MRCP(UK) examinations — **Parts 1, 2, and PACES** all on first attempt

Core Medical Trainee (CMT1-CMT2), NHS Tayside – Ninewells Hospital, Dundee *Aug 2014 – Jul 2016*

Core medical training rotations across cardiology, gastroenterology, geriatrics, and endocrinology.

- Completed **8 rotations** across medical specialties over 2 years
- Led the department's mortality and morbidity meetings for **6 months**
- Gained competencies in **lumbar puncture, chest drain insertion, and central venous access**

Foundation Doctor (FY1-FY2), NHS Greater Glasgow and Clyde – Glasgow Royal Infirmary, Glasgow *Aug 2012 – Jul 2014*

Foundation programme rotations including general surgery, acute medicine, psychiatry, and GP.

- Managed **on-call medical admissions** covering 600+ bed hospital as FY2
- Completed an audit on **VTE prophylaxis compliance** — findings led to updated prescribing protocol

Education

MBChB in Medicine, University of Glasgow, Glasgow *Sep 2007 – Jun 2012*

Graduated with Commendation. Elected president of the Glasgow University Medics' Society in final year. Elective placement at Chris Hani Baragwanath Hospital, Johannesburg.

Skills

Acute medical assessment & management • Sepsis recognition & management • Ultrasound-guided procedures • Non-invasive ventilation (NIV/CPAP) • Central venous catheterisation • Clinical leadership & governance • Junior doctor supervision & training • Clinical audit & quality improvement • Research & publication (6 peer-reviewed papers) • EPMA & TrakCare clinical systems

Certifications

MRCP(UK) – Membership of the Royal College of Physicians, Royal College of Physicians *Mar 2017*

Full GMC Registration with Licence to Practise, General Medical Council *Aug 2012*

Advanced Life Support (ALS) Provider, Resuscitation Council UK *Jan 2025 – Jan 2029*

Languages

English (native) • French (intermediate)

Projects

Sepsis Improvement Programme – NHS Greater Glasgow and Clyde

Jun 2021 – Dec 2022

Clinical lead for a trust-wide quality improvement project to reduce time-to-treatment for sepsis.

- Introduced a nurse-led sepsis screening tool in the emergency department and acute medical unit
- Reduced median door-to-antibiotic time from **78 minutes to 42 minutes**
- Sepsis-related mortality decreased by **14%** across the trust in the first year

Early Warning Score Research – Royal Infirmary of Edinburgh

Jan 2018 – Jun 2019

Research project evaluating the accuracy of NEWS2 in detecting sepsis in acute medical admissions.

- Analysed **2,400 patient records** over 18 months
- Published in **BMJ Open** — findings contributed to updated Scottish sepsis screening guidance

References

Dr Catherine Vallance

Clinical Director, Acute Medicine, NHS Greater Glasgow and Clyde, catherine.vallance@ggc.scot.nhs.uk, +44 7700 900 831

Professor Iain McInnes

Consultant Physician & Honorary Professor, NHS Lothian / University of Edinburgh, iain.mcinnnes@ed.ac.uk, +44 7700 900 294

Extra Curricular Activity

Educational Supervisor – West of Scotland Foundation School

Aug 2021

Named educational supervisor for 4 foundation doctors per year. Provide structured teaching, workplace-based assessments, and career guidance.

Member – Glasgow Half Marathon Club

Mar 2019

Regular runner. Completed the Glasgow Half Marathon in 2023 (1h 38m) and the Edinburgh Marathon in 2024 (3h 52m), raising £3,200 for Macmillan Cancer Support.