

Priya Chowdhury

Newly Qualified Children's Nurse

Newly qualified children's nurse with a BSc from the University of Birmingham and over 2,300 hours of clinical placement across paediatric medical, surgical, emergency, and community settings. Experienced in caring for patients aged 6 weeks to 16 years, with strong family communication skills developed through direct work with parents and carers. Completed a quality improvement project on paediatric pain assessment that was adopted by the ward team.

SKILLS

Paediatric Patient Assessment (PEWS, ABCDE) • Weight Based Drug Calculations • Medication Administration (Oral, IV, Nebulised) • Paediatric Cannulation & Venepuncture • Nasogastric Tube Insertion & Management • Family Communication & Discharge Teaching • Play Therapy & Distraction Techniques • Safeguarding Children (Level 3) • Care Planning & Documentation (Meditech) • Infection Prevention & Control • Basic Life Support (Paediatric & Adult) • Manchester Triage System

LANGUAGES

English (native) • Bengali (conversational)

EXPERIENCE

Healthcare Assistant (Bank), Birmingham Women's and Children's NHS Foundation Trust, Birmingham *Jun 2024 – Present*

Bank HCA on paediatric wards during university holidays and weekends, supporting nursing teams across medical and surgical units.

- Provided personal care, observations, and nutritional support for up to **8 children per shift** aged 3 months to 16 years
- Recorded **PEWS scores** accurately and escalated 5 deteriorating patients to the nurse in charge over 10 months
- Supported families during mealtimes and visiting hours, helping parents with **feeding plans for 4 children with complex dietary needs**
- Assisted with **admission paperwork for 120+ patients**, ensuring allergy and safeguarding information was documented correctly

Nursery Assistant (Part-Time), Bright Horizons Day Nursery, Birmingham *Sep 2022 – May 2024*

Part time role alongside university, working with children aged 6 months to 4 years.

- Cared for a key group of **6 children**, monitoring developmental milestones and reporting concerns to the room leader
- Administered prescribed medications to **3 children with asthma and allergies** following nursery medication protocols
- Completed **paediatric first aid training** and responded to 2 minor injury incidents, following the correct reporting procedure each time

EDUCATION

BSc (Hons) in Children's Nursing, University of Birmingham, Birmingham *Sep 2022 – Jun 2025*

Upper Second Class Honours (2:1). NMC approved programme with 2,300 hours of supervised clinical practice across 4 paediatric placement settings.

- Placement 1: **Paediatric Medical Ward, Birmingham Children's Hospital** (12 weeks) – cared for children with bronchiolitis, croup, and pneumonia, managing caseloads of 4 patients under supervision
- Placement 2: **Paediatric Surgical Unit, Birmingham Children's Hospital** (12 weeks) – assisted with pre and post operative care for appendectomies, hernia repairs, and orthopaedic procedures
- Placement 3: **Paediatric Emergency Department, Birmingham Children's Hospital** (10 weeks) – triaged children using the Manchester Triage System and assisted with 6 resuscitation cases
- Placement 4: **Community Children's Nursing Team, South Birmingham** (12 weeks) – conducted 6 home visits per day for children with complex needs including tracheostomies and enteral feeding

A-Levels in Biology (A), Psychology (B), English Literature (B), King Edward VI *Sep 2020 – Jun 2022*

Handsworth School, Birmingham

Achieved ABB. Completed the school's health sciences enrichment programme and volunteered at a local after school club.

CERTIFICATIONS

NMC Registration – Registered Nurse (Children's), Nursing and Midwifery Council *Sep 2025*

Paediatric Immediate Life Support (PILS), Resuscitation Council UK *Feb 2025*

PROJECTS

Quality Improvement Project – Paediatric Pain Assessment

Jan 2025 – May 2025

Final year QI project aimed at improving pain assessment consistency for non verbal children on a 24 bed paediatric medical ward.

- Audited **60 patient records** over 6 weeks and found that pain scores were documented in only 72% of cases for children under 3
- Introduced the **FLACC pain assessment tool** as a standardised approach, with bedside reference cards for nursing staff
- Pain score documentation for non verbal children increased to **94%** during the 8 week trial period
- Presented findings to the **ward manager and practice educator** – the tool was adopted as standard practice on the ward

Health Promotion Display – Childhood Asthma Awareness

Mar 2024 – Apr 2024

Created an educational display for the paediatric outpatient waiting area at Birmingham Children's Hospital.

- Designed **age appropriate information boards** for children aged 5 to 12, covering inhaler technique and trigger avoidance
- Produced a **take home leaflet** for parents, distributed to 80 families over 6 weeks
- Received positive feedback from **3 respiratory nurse specialists** who requested the materials for their own clinics

REFERENCES

Dr Sarah Mitchell, Ward Manager, Paediatric Medicine, Birmingham Women's and Children's NHS Foundation Trust, sarah.mitchell@bwc.nhs.uk, +44 7700 900 334

EXTRA CURRICULAR ACTIVITY

Children's Nursing Society – Events Coordinator, University of Birmingham

Sep 2023 – Jun 2025

Organised study sessions and social events for children's nursing students.

- Coordinated **6 revision workshops** attended by an average of 20 students each, covering pharmacology and clinical skills
- Arranged a **careers panel** with 4 paediatric nurses from local NHS trusts, attended by 35 students

Volunteer – Acorns Children's Hospice, Birmingham

Jun 2023 – Mar 2025

Volunteered one Saturday per month supporting children with life limiting conditions and their families.

- Assisted with **sensory play sessions** for children with complex needs, supporting groups of 4 to 6 children each session
- Provided **sibling support** during family days, organising activities for brothers and sisters of patients

St John Ambulance Volunteer

Sep 2020 – Aug 2022

Provided first aid cover at community events across Birmingham as a trained first aider.

- Attended **18 events** including fun runs, football matches, and community festivals
- Treated **45+ minor injuries and illnesses** and escalated 3 cases to ambulance services