

Marcus Adeyemi

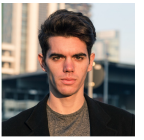
Newly Qualified Mental Health Nurse

Manchester, United Kingdom

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Newly qualified mental health nurse with a BSc from the University of Manchester and 2,300 hours of clinical placement across acute psychiatric, crisis, community, and forensic settings. Experienced in risk assessment, therapeutic interventions, and recovery focused care planning. Completed a service improvement project on reducing restrictive practices that was presented at a Trust wide conference.

Experience

Support Worker (Bank), Greater Manchester Mental Health NHS Foundation Trust, Manchester

Mar 2024 – Present

Bank support worker on acute psychiatric inpatient wards during university holidays and weekends.

- Conducted **1:1 continuous observations** for patients assessed as high risk, completing detailed hourly documentation
- Supported nursing staff with **admission assessments for 40+ patients**, gathering initial history and risk information
- Facilitated **daily living skills groups** for 6 to 8 service users per session, covering cooking, budgeting, and personal care
- De-escalated **12 incidents** using verbal communication techniques, avoiding the need for physical intervention in each case

Residential Support Worker (Part-Time), Richmond Fellowship (Recovery Focus), Salford

Sep 2022 – Feb 2024

Part time role in a 12 bed supported living service for adults with severe and enduring mental health conditions.

- Key worker for **3 residents** with diagnoses including schizophrenia and bipolar disorder, supporting medication concordance and daily routines
- Accompanied residents to **24 outpatient appointments** over 18 months, including CPA reviews and psychiatric consultations
- Completed **weekly one to one sessions** with each key resident, documenting progress against recovery goals

Education

BSc (Hons) in Mental Health Nursing, University of Manchester, Manchester

Sep 2022 – Jun 2025

Upper Second Class Honours (2:1). NMC approved programme with 2,300 hours of supervised clinical practice across 4 placement settings.

- Placement 1: **Acute Psychiatric Admission Ward, Park House, GMMH** (12 weeks) — managed a caseload of 4 patients with psychosis, depression, and personality disorder under supervision
- Placement 2: **Crisis Resolution and Home Treatment Team, North Manchester** (10 weeks) — conducted 5 home visits per day, completing risk assessments and brief interventions
- Placement 3: **Community Mental Health Team, Salford** (12 weeks) — managed a caseload of 8 service users, attending CPA reviews and liaising with GPs and social workers
- Placement 4: **Medium Secure Forensic Unit, Edenfield Centre, GMMH** (12 weeks) — worked with patients detained under Sections 37 and 41, contributing to MDT reviews and tribunal reports

A-Levels in Psychology (A), Biology (B), Sociology (B), Xaverian College, Manchester

Sep 2020 – Jun 2022

Achieved ABB. Completed an extended project qualification (EPQ) on the impact of social media on adolescent mental health.

Skills

Clinical Risk Assessment (CRAM, HCR-20) • Motivational Interviewing • CBT Informed Interventions • DBT Skills Facilitation • Mental Health Act Knowledge (Sections 2, 3, 17, 136) • Mental Capacity Act Assessments • Care Programme Approach (CPA) • De-escalation & Conflict Resolution • 1:1 Therapeutic Engagement • Medication Administration (Oral, IM, Depot) • Electronic Patient Records (PARIS, Amigos) • Safeguarding Adults & Children (Level 3) • SBAR Handover • Recovery Focused Care Planning

Certifications

NMC Registration — Registered Nurse (Mental Health), Nursing and Midwifery Council

Sep 2025

Prevention and Management of Violence and Aggression (PMVA), Greater Manchester Mental Health NHS Foundation Trust

Oct 2024

Languages

English (native) • Yoruba (conversational)

Projects

Service Improvement Project — Reducing Restrictive Practices

Jan 2025 – May 2025

Final year project aimed at reducing the use of physical restraint on a 20 bed acute psychiatric admission ward.

- Audited **6 months of incident data** and identified that 58% of restraint episodes occurred during medication rounds and mealtimes
- Proposed a **flexible medication window** and a patient choice approach to mealtimes, trialled over 8 weeks
- Restraint episodes during the trial period reduced by **27%** compared to the previous quarter (from 22 to 16 incidents)
- Presented findings at the **GMMH Quality Improvement Conference**, attended by 80 staff members

Peer Support Training Programme — University of Manchester

Jan 2024 – Jun 2024

Co developed a peer support training programme for mental health nursing students transitioning between placement settings.

- Designed **4 training sessions** covering emotional resilience, reflective practice, and seeking support
- Delivered training to **25 second year students** across two cohorts
- Post training survey showed **88% of participants** felt better prepared for the emotional demands of clinical placement

References

Karen Walsh

Ward Manager, Acute Admissions, Greater Manchester Mental Health NHS Foundation Trust, karen.walsh@gmmh.nhs.uk, +44 7700 900 221

Extra Curricular Activity

Mental Health Nursing Society — Vice President, University of Manchester

Sep 2023 – Jun 2025

Led initiatives to support mental health nursing student wellbeing and professional development.

- Organised **4 speaker events** with practising mental health nurses, attended by an average of 30 students each
- Set up a **monthly reflective practice group** for students to debrief after challenging placement experiences

Volunteer — Samaritans Manchester Branch

Sep 2021 – Dec 2024

Trained listening volunteer providing emotional support to callers in distress.

- Completed **160 hours of volunteer shifts** over 3 years, typically one 4 hour shift per fortnight
- Supported an average of **6 callers per shift**, using active listening and non directive counselling techniques

Parkrun Volunteer — Heaton Park, Manchester

Jan 2023

Weekly volunteer marshalling at Heaton Park parkrun, supporting community physical and mental health.

- Volunteered at **45+ events**, guiding runners and providing encouragement