

# Callum Reid

Junior Sports Coach



Edinburgh, United Kingdom | [callum.reid@gmail.com](mailto:callum.reid@gmail.com) | +44 7723 481 056 | [linkedin.com/in/callumreid](https://www.linkedin.com/in/callumreid)

Sports Coaching graduate from Edinburgh Napier University with **3 years** of coaching experience across school and community settings. Delivered football and athletics coaching to over **500 young people** aged 5 to 16 through club, school, and holiday camp programmes. Holds a UEFA C Licence and a UK Athletics Coach in Running Fitness qualification. Looking for a full-time coaching role where I can develop junior athletes and contribute to a club or local authority sports development programme.

## ■ EXPERIENCE

**Community Football Coach**, Spartans Community Football Academy, Edinburgh

Jan 2024 – Mar 2026

Part-time coaching role delivering grassroots football sessions across north Edinburgh communities.

- Planned and delivered **6 coaching sessions per week** for age groups ranging from under-7s to under-14s, with average attendance of **22 players per session**
- Developed an **8-week skills development programme** for the under-12s that improved passing accuracy by **15%** based on pre and post testing
- Mentored **4 volunteer assistant coaches**, helping 2 of them gain their SFA Level 1.1 qualification
- Coordinated match day logistics for **12 home fixtures** per season, including pitch setup, equipment, and safeguarding checks

**Holiday Camp Coach**, Edinburgh Leisure, Edinburgh

Jun 2023 – Aug 2023

Summer coaching role delivering multi-sport activities for children aged 5 to 12.

- Supervised and coached groups of **up to 30 children** across football, dodgeball, athletics, and team games
- Received positive parent feedback on **94% of post-camp surveys**

## ■ EDUCATION

**BSc (Hons) Sports Coaching and Development in Sports Coaching and Development**, Edinburgh Napier University, Edinburgh

Sep 2021 – Jun 2025

Graduated with Second Class Honours, Second Division (**56% average**). Dissertation on *the impact of small-sided games on decision-making in youth footballers*, graded **62%**.

- Relevant modules: Coaching Pedagogy, Sport Psychology, Performance Analysis, Youth Development, Physical Education Teaching Methods
- Completed a **150-hour** coaching placement with Spartans Community Football Academy

## ■ SKILLS

Session Planning and Delivery • Player Development Tracking • Performance Analysis (Hudl Sportscode) • Safeguarding (Level 2) • Youth Engagement • Conflict Resolution • First Aid (Emergency) • Equipment Management • Microsoft Office Suite • Social Media (Club promotion)

## ■ CERTIFICATIONS

**UEFA C Licence**, Scottish Football Association

Sep 2024 – Feb 2025

**Coach in Running Fitness**, UK Athletics

Nov 2023 – Dec 2023

**Disclosure Scotland (PVG Scheme Member)**, Disclosure Scotland

May 2023 – May 2023

## ■ LANGUAGES

English - Native

## ■ PROJECTS

**Dissertation: Small-Sided Games and Youth Decision-Making**

Sep 2024 – Apr 2025

Investigated whether small-sided games (3v3 and 4v4) improve decision-making speed in youth footballers compared to traditional 11-a-side training.

- Observed and coded **24 training sessions** across 2 age groups using Hudl Sportscode, tracking decision-making events per possession
- Found that players in small-sided game groups made **28% more successful passing decisions** per minute of play
- Results contributed to a change in training format at the Spartans under-12 programme

## ■ EXTRA CURRICULAR ACTIVITY

**Volunteer, Leith Athletic FC Youth Section**

Sep 2022 – Jun 2023

Assisted with weekly training for the under-10s team at a local grassroots club.

- Helped run sessions for **18 players** and supported coaches during **14 league matches**

**Committee Member, Edinburgh Napier Sports Society**

Sep 2022 – Jun 2024

Organised inter-university sporting events and charity fundraisers.

- Helped plan a charity 5-a-side tournament that raised **over £1,200** for the Edinburgh Food Project