

# Erin Gallagher

Junior Occupational Therapist

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HCPC-registered occupational therapist and University of Ulster graduate with hands-on clinical placement experience across acute medical, community rehabilitation, and paediatric settings. Managed caseloads of up to **18 patients** during final placement, achieving **95% patient satisfaction** scores. Skilled in functional assessments, goal-setting, and discharge planning, with a genuine commitment to enabling independence through meaningful occupation.

## EXPERIENCE

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**Occupational Therapy Student (Final Placement)**, Belfast Health and Social Care Trust, Belfast *Sep 2025 – Dec 2025*

Completed a 14-week clinical placement within the acute medical and surgical wards at the Royal Victoria Hospital.

- Managed an independent caseload of **18 patients** across orthopaedic, respiratory, and stroke rehabilitation wards
- Conducted **65+ functional assessments** including kitchen, bathroom, and mobility evaluations
- Coordinated discharge planning for **12 patients per week**, liaising with MDT members, families, and community services
- Delivered **3 in-service training sessions** to ward staff on falls prevention and cognitive screening tools

**Occupational Therapy Student (Community Placement)**, Southern Health and Social Care Trust, Newry *Jan 2025 – Apr 2025*

Worked within the community rehabilitation team supporting adults with long-term conditions and physical disabilities.

- Completed **40+ home visits** to assess patients for equipment, adaptations, and daily living support
- Recommended and arranged minor adaptations for **22 homes**, reducing hospital readmission risk
- Co-facilitated a **6-week fatigue management group** for 8 clients with multiple sclerosis

**Healthcare Assistant (Part-time)**, Four Seasons Health Care, Belfast *Jun 2023 – Aug 2025*

Provided personal care and support to residents in a 42-bed nursing home alongside university studies.

- Assisted an average of **10 residents daily** with washing, dressing, and mealtimes
- Completed **28 hours of mandatory training** including manual handling, safeguarding, and infection control

## EDUCATION

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**BSc (Hons) Occupational Therapy in Occupational Therapy**, Ulster University, Jordanstown *Sep 2022 – Jul 2025*

Graduated with Upper Second Class Honours (**2:1, 65% average**). Programme approved by the Royal College of Occupational Therapists and HCPC.

- Completed **1,000+ clinical placement hours** across 4 settings including paediatrics, acute medicine, and community
- Dissertation on the impact of sensory rooms on anxiety in dementia care, graded **72%**

## SKILLS

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Functional Assessment, Discharge Planning, Goal Setting (SMART / GAS), Splinting & Hand Therapy, Cognitive Screening (MoCA, ACE-III), Manual Handling, Risk Assessment, MDT Working, Patient-Centred Care, SystemOne & PARIS, Activity Analysis, Safeguarding

## **CERTIFICATIONS**

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**HCPC Registration (OT)**, Health and Care Professions Council

*Sep 2025 – Sep 2025*

**Level 2 Food Safety & Hygiene**, Highfield Qualifications

*Nov 2023 – Nov 2023*

## **LANGUAGES**

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English - Native, Irish - Basic (A2)

## **EXTRA CURRICULAR ACTIVITY**

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**Student Representative - OT Society, Ulster University**

*Sep 2023 – Jun 2025*

Represented **85 occupational therapy students** on the School of Health Sciences student-staff committee.

- Organised **4 CPD events** including guest lectures from practising OTs in forensic mental health and paediatrics