

Junior Legal Researcher

Theo Nyambe



EXPERIENCE

Legal Research Intern, Rights & Security International, London *Jun 2025 – Aug 2025*
Conducted legal research on human rights issues for a UK based NGO with consultative status at the United Nations.

- Produced **28 case law summaries** from the European Court of Human Rights (HUDOC database), covering right to privacy, surveillance, and detention cases from 2018 to 2025
- Contributed research to **2 published legal briefings**: one on the right to adequate housing (3,800 words) and one on digital surveillance and Article 8 ECHR (4,200 words analysing 12 ECHR judgments)
- Case summaries were cited in a **stakeholder submission to the UN Human Rights Council** (Universal Periodic Review, 4th cycle, United Kingdom)
- Attended **3 parliamentary briefing events** in Westminster, taking notes and drafting internal summaries for the research director

Student Legal Advisor (Pro Bono), University of Essex Law Clinic, Colchester *Oct 2024 – May 2025*
Provided free legal advice to members of the public under solicitor supervision at the university's pro bono law clinic.

- Advised **18 clients** on housing, employment, and consumer law issues during weekly drop in sessions
- Drafted **6 letters of claim** for clients in housing disrepair and unfair dismissal cases

CERTIFICATIONS

Enhanced DBS Check, Disclosure and Barring Service *Sep 2024*

PROJECTS

Mooting – Essex Human Rights Moot Competition (Winner) *Nov 2024 – Feb 2025*
Won the internal moot competition arguing an Article 8 ECHR case on surveillance and data retention.

- Prepared written skeleton arguments of **3,500 words** for both appellant and respondent sides across 3 rounds
- Delivered oral submissions before a panel of **2 practising barristers** from Doughty Street Chambers, winning on both law and advocacy

EXTRA CURRICULAR ACTIVITY

Essex Amnesty International Society – Campaigns Coordinator *Sep 2023 – Jun 2025*
Organised letter writing campaigns and petition drives on campus. Coordinated the annual Write for Rights event with 140 student participants writing letters for 8 prisoners of conscience.

PROFILE

LLB Law (Human Rights) graduate from the University of Essex with a 3 month research internship at a human rights NGO. Contributed to 2 published legal briefings, produced 28 ECHR case law summaries cited in a UN Human Rights Council submission, and completed a dissertation on Article 3 ECHR compliance in UK immigration detention.

EDUCATION

LLB (Hons) in Law (Human Rights Pathway)

University of Essex, Colchester

Sep 2022 – Jun 2025

A-Levels in Law (A*), History (A), Politics (A)

The Sixth Form College Colchester, Colchester

Sep 2020 – Jun 2022

SKILLS

- Legal Research (Case Law & Statute)
- Westlaw, LexisNexis, BAILII & HUDOC
- ECHR Case Law Analysis
- Legal Briefing & Policy Paper Writing
- Case Note & Summary Drafting
- Evidence Bundle Preparation
- Parliamentary Research (Hansard, ParlMap)
- UN Human Rights Mechanisms (UPR, Treaty Bodies)
- Client Interviewing & Advice (Pro Bono)
- Microsoft Office & Reference Management (Zotero)

LANGUAGES

- English (native)
- French (B1)