

JUNIOR HEALTH AND SAFETY OFFICER

Emma Taylor



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Occupational health and safety graduate from Northumbria University with practical experience in construction and manufacturing environments. Completed a **6-month placement** at Balfour Beatty, conducting **45 site safety inspections** and contributing to a **20% reduction in near-miss incidents**. NEBOSH General Certificate qualified.

EXPERIENCE

Jan 2024 – Jun 2024

Health and Safety Placement Student, Balfour Beatty plc, Newcastle

Placed within the regional H&S team covering construction sites across the North East.

- Conducted **45 site safety inspections** across 6 active construction projects
- Produced **30 inspection reports** identifying hazards and recommending corrective actions
- Delivered **8 toolbox talks** on topics including working at height, manual handling, and PPE compliance
- Contributed to a **20% reduction in near-miss incidents** over the 6-month placement period

Sep 2022 – Dec 2023

Retail Assistant (Part-time), Greggs plc, Newcastle

Part-time counter and bakery role at the Eldon Square store.

- Served an average of **120 customers per shift** during busy lunch periods
- Maintained **5-star food hygiene rating** through consistent compliance with cleaning and safety procedures

EDUCATION

Sep 2022 – Jul 2025

BSc (Hons) Occupational Health and Safety in Occupational Health and Safety, Northumbria University, Newcastle 2:1 (65%). IOSH accredited programme. Dissertation on the effectiveness of behavioural safety programmes in UK construction. Modules included Risk Assessment, Fire Safety, Environmental Management, and Occupational Hygiene.

SKILLS

Site Safety Inspections • Risk Assessment • NEBOSH General Certificate • Incident Investigation • Toolbox Talks • COSHH Assessments • Report Writing • CDM Regulations

CERTIFICATIONS

Mar 2024

NEBOSH National General Certificate in Occupational Health and Safety, NEBOSH

Jan 2024

CSCS Card (Health and Safety), CITB

LANGUAGES

English - Native

EXTRA CURRICULAR ACTIVITY

Jan 2023 – Jun 2025

Northumbria University First Aid Society

Trained first aider providing event cover for **12 university sports events** per year, attending to **3 to 5 minor injuries per event**.