

## Graduate Firefighter

# Fatima Hassan



### EXPERIENCE

#### Lifeguard, Glasgow Life, Glasgow

Jan 2024 – Mar 2026

Part-time and then full-time lifeguard at Tollcross International Swimming Centre.

- Maintained vigilance over pools with **up to 200 swimmers** at peak times, performing **15-minute rotation cycles** across 4 poolside positions
- Performed **3 emergency rescues** during the role, including one involving a child in distress in the deep end, with no injuries sustained
- Completed weekly pool water testing and chemical dosing checks, logging **over 500 test records** with zero compliance failures
- Delivered **8 water safety presentations** to school groups visiting the centre, reaching **over 300 children**

#### Warehouse Operative, Amazon (Gourock Fulfilment Centre), Gourock

Jun 2022 – Dec 2023

Part-time warehouse role during the first two years of university.

- Picked and packed an average of **120 items per hour**, consistently exceeding the target of 100
- Completed **zero workplace safety incidents** over 18 months of shifts in a fast-paced environment

### CERTIFICATIONS

#### National Pool Lifeguard Qualification (NPLQ), Royal Life Saving Society UK

Nov 2023 – Dec 2023

#### Emergency First Aid at Work, British Red Cross

Feb 2024 – Feb 2024

#### Community Fire Safety Volunteer Training, Scottish Fire and Rescue Service

Sep 2023 – Oct 2023

### PROJECTS

#### Dissertation: Home Fire Safety Visits in Deprived Communities

Sep 2024 – Apr 2025

Evaluated the impact of SFRS Home Fire Safety Visits on reducing accidental dwelling fires in the most deprived areas of Glasgow.

- Analysed **5 years of SFRS incident data** (2019 to 2024) covering over **3,200 accidental dwelling fires** across Glasgow's 56 data zones
- Found that areas with the highest density of HFSVs experienced a **19% greater reduction** in accidental fires compared to areas with lower HFSV coverage
- Presented findings at the SFRS Research Symposium and was invited to submit a summary to the SFRS Community Safety team

### EXTRA CURRICULAR ACTIVITY

#### Volunteer, Scottish Fire and Rescue Service Community Safety Team

Sep 2023 – Jun 2025

Trained community safety volunteer delivering Home Fire Safety Visits and school fire safety talks.

- Completed **over 150 hours** of volunteering, conducting **60 Home Fire Safety Visits** in households across north Glasgow
- Delivered fire safety presentations to **over 400 primary school children** across 5 schools

#### Member, UWS Women's Boxing Club

Sep 2022 – Jun 2025

Active member training 3 times per week, competing at inter-university level.

- Won **bronze at the Scottish University Boxing Championships** in 2024 (64kg weight class)

### PROFILE

Fire and Rescue Science graduate from the University of the West of Scotland with **3 years** of experience in physically demanding, community-facing roles. Completed **over 150 hours** of volunteering with the Scottish Fire and Rescue Service's Community Safety team and worked as a swimming pool lifeguard for 2 years. Passed the firefighter physical tests at recruitment events and hold current first aid and water rescue qualifications. Applying for the Scottish Fire and Rescue Service trainee firefighter programme with a commitment to public safety and community resilience.

### EDUCATION

#### BSc (Hons) Fire and Rescue Science in Fire and Rescue Science

University of the West of Scotland, Paisley  
Sep 2022 – Jul 2025

### SKILLS

- Emergency Response
- Water Rescue (NPLQ)
- Physical Fitness
- Teamwork Under Pressure
- Community Safety Engagement
- Risk Assessment
- First Aid (Level 3)
- Incident Reporting
- Fire Safety Knowledge
- Attention to Detail
- Driving (full UK licence, Category B)

### LANGUAGES

- English - Native
- Arabic - Conversational