

Dietitian / Nutritionist

Amira Hassan

EXPERIENCE

Specialist Dietitian – Gastroenterology (Band 6), Leeds Teaching Hospitals NHS Trust, Leeds *Mar 2023 – Present*

Specialist dietitian within the gastroenterology and hepatology directorate at St James's University Hospital.

- Manage a caseload of **45–55 patients** across inpatient wards, outpatient clinics, and home enteral feeding
- Run a weekly **IBD nutrition clinic** seeing 8–10 patients per session, working alongside 2 consultant gastroenterologists
- Initiated and manage **42 home enteral feeding patients** across the Leeds area
- Trained **18 ward nurses** on nasogastric tube placement verification and feeding regimen management

Rotational Dietitian (Band 5), Bradford Teaching Hospitals NHS Foundation Trust, Bradford *Sep 2021 – Feb 2023*

Completed rotations across acute medicine, surgery, paediatrics, community, and oncology.

- Managed a daily caseload of **12–15 acute inpatients** requiring nutritional assessment and intervention
- Screened an average of **30 new admissions per week** for malnutrition risk using the MUST tool
- Completed a **6-month community rotation** covering 3 GP surgeries and 2 care homes in the Bradford district

CERTIFICATIONS

HCPC Registration – Dietitian, Health and Care Professions Council *Sep 2021 – Sep 2026*

Registered Dietitian (RD), British Dietetic Association *Sep 2021*

Advanced Enteral Feeding Practice, British Association for Parenteral and Enteral Nutrition (BAPEN) *Nov 2023*

PROJECTS

IBD Nutrition Patient Leaflet Suite – LTHT *Jan 2024 – Jun 2024*

Developed a set of 5 patient information leaflets covering dietary management for Crohn's disease, ulcerative colitis, and short bowel syndrome.

- Leaflets reviewed by **12 patients** during development and adopted trust-wide
- Reduced repeat dietetic queries by **22%** in the IBD outpatient clinic

Malnutrition Screening Audit – Bradford *Jun 2022 – Dec 2022*

Led a trust-wide audit of MUST screening compliance across 14 adult inpatient wards.

- Found screening completion rates of **68%** — below the 90% trust target
- Delivered training sessions to **85 nursing staff**, improving rates to **89%** on re-audit 3 months later

EXTRA CURRICULAR ACTIVITY

Committee Member – BDA Gastroenterology Specialist Group *Jan 2024*

Joined the national specialist group committee to help develop clinical guidelines and CPD resources for gastro dietitians across the UK.

Volunteer – Leeds Community Kitchen *Mar 2022*

Help prepare and serve meals twice a month at a community kitchen supporting families in food poverty. Also run occasional nutrition information sessions.

PROFILE

HCPC-registered dietitian with four years of clinical experience across acute and community NHS settings in West Yorkshire. Currently working in gastroenterology and hepatology at Leeds Teaching Hospitals, managing a caseload of 45+ inpatients and outpatients. Particular interest in IBD nutrition management and enteral feeding.

EDUCATION

BSc (Hons) in Nutrition and Dietetics

University of Leeds, Leeds

Sep 2017 – Jun 2021

SKILLS

- Nutritional Assessment (MUST, SGA, GLIM)
- Enteral & Parenteral Nutrition
- IBD Dietary Management
- Renal Dietetics
- Food First Approach & ONS Prescribing
- Motivational Interviewing
- Dietetic Outcome Measures (CDOT)
- SystemOne & EPIC Documentation
- Group Education Delivery
- Allergen & Texture Modification (IDDSI)

LANGUAGES

- English (native)
- Arabic (conversational)

REFERENCES

Helen Cartwright

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